

PHARMACIES PROVIDING FLU JABS

PHARMACY NAME	PHONE NO:
Apteka Chemist Ltd. (T/A Carters Chemist) 47 Roman Way N7 8XF	0207-607-1054
Atchem Ltd. (T/A Devs Chemist) 110 Seven Sisters Road N7 6AE	0207-607-3081
Benzpharm Chemist 19 Prebend Street N1 8PF	0207-704-9579
C & H Chemist 179 Blackstock Road N5 2LL	0207-226-2500
Chemitex Pharmacy 332 Hornsey Road N7 7HE	0207-272-4869
Clockwork Pharmacy 273 Caledonian Road N1 1EF	0207-607-4525
Greenlight Pharmacy 51 Exmouth Market EC1R 4QL	0207-837-9494
Nuchem Pharmaceuticals Ltd 159 Stroud Green Road N4 3PZ	0207-272-3967
Portmans Pharmacy Unit 5 Cherry Tree Walk EC1Y 8NX	0207-638-0067
Savemain Ltd 166/168 Essex Road N1 8LY	0207-226-8409
St Peter's Pharmacy 51 St Peters St N1 8JR	0207-226-2939
Superdrug Stores Plc 54-55 Chapel Market N1 9EW	0207-837-4024
Wellcare Medical (UK) Ltd 552 Holloway Road N7 6JP	0207-263-3152

YOUR APPOINTMENT DETAILS

Patient name

Date of birth

Registered Islington GP

GP address

Date of appointment

Time of appointment

Pharmacy stamp:



ARE YOU 65 OR OVER AND REGISTERED WITH AN ISLINGTON GP?



This leaflet explains the importance of a seasonal **FLU JAB** and how you can get one **FREE** from a pharmacy.

ABOUT THE SEASONAL FLU JAB

WHO IS THE FLU JAB FOR?

A **FREE** flu jab is being offered to people who are aged 65 years and over, who are registered with an Islington GP.

WHY SHOULD I HAVE A FLU JAB?

Flu is a highly infectious illness. It is spread by coughs and sneezes from people who are already carrying the virus. Healthy people can catch flu, but it can be more serious for older people. You are more vulnerable to the effects of flu (even if you feel well).

Without a flu jab, you are at potential risk of more serious illnesses such as bronchitis and pneumonia, which can result in hospital admission. Many people, mainly older people, die from flu every winter.

HOW DOES THE FLU VACCINE WORK?

After you receive your flu jab, your body starts to make antibodies which help protect you against any similar viruses you may come into contact with.

I HAD THE FLU JAB LAST YEAR, DO I NEED IT AGAIN NOW?

Yes. The viruses that cause flu change every year. The virus this winter is different from last winter's, and the vaccine will be different as well.

LAST YEAR I GOT THE FLU AFTER MY JAB...

There is no flu bug in the vaccine. If you get flu, it was not caused by the vaccine. The flu vaccine can take up to 2 weeks to take effect so the sooner you get your flu jab, the sooner you will be protected.

IS THERE ANYONE WHO SHOULD NOT GET A FLU JAB?

If you have a serious allergy to eggs or had a serious reaction to the flu jab you should not get vaccinated. If you are unsure, please speak to your pharmacist, nurse or GP.

CHOOSE PHARMACY

WHY ARE FLU JABS BEING OFFERED IN A PHARMACY?

Many people need the flu jab, and to make it easier, we are offering you the choice to get it quickly from the pharmacy. Many pharmacies are open late, which means that you can pop in any time to be immunised or make an appointment to be immunised.

A **trained pharmacist** will administer the flu vaccine in the pharmacy consultation room, making sure there is privacy for you.

Pharmacists are experts on medicines. You can also use this opportunity to discuss any problems you are having with your medicines.

IS IT THE SAME AS GETTING A FLU JAB AT THE GP'S SURGERY?

Yes. The flu jab is exactly the same.

Your GP will be told that you have received a flu jab from the pharmacy, so he or she can make an entry in your medical notes.

HOW DO I GET MY FLU JAB FROM THE PHARMACY?

All you have to do is speak to the pharmacist. See overleaf for a list of pharmacists providing the flu jab. He or she will ask you to fill out a consent form as well as contact details about your GP practice. The pharmacist will be available to immunise you straight away without the need for booking an appointment.

If you would rather make an appointment, please speak to the pharmacist and they will make arrangements for you to come in at your convenience. The flu jab will be available from September 2009 until January 2010 during pharmacy opening times.

INFORMATION ABOUT LOCAL HEALTH SERVICES

If you need advice or information about this or any other Islington NHS service, contact our Patient Advice and Liaison Service (PALS) on:

Tel: 020 7527 1086 or 020 7527 1087

Minicom: 020 7527 1085

Email: pals@islingtonpct.nhs.uk

